

The Indian EXPRESS

Q

Mass-rearing of

insects takes place

in special facilities.

Male and female insects

are separated. Ionizing

radiation is used to

sterilize the male insects

New research: Tech based on CRISPR to control growth of mosquitoes

By: Express News Service | New Delhi | Updated: September 14, 2021 8:57:33 am

The "precision-guided sterile insect technique" (pgSIT), alters genes linked to male fertility—creating sterile offspring and female flight in Aedes aegypti, the mosquito species responsible for spreading diseases including dengue fever, chikungunya and Zika, the University of California, San Diego said in a press release. Details of the pgSIT have been described in Nature Communications. The pgSIT uses CRISPR to sterilise male

mosquitoes and render female mosquitoes (which spread disease) flightless. The system is self-limiting and is not predicted to persist or spread in the environment, two safety features that should enable acceptance for this technology, the release said.

Genome Sequencing

Human Genome Project: (see pg-2 of 2021 pdf) 2003:

- Human Genome Project ended
- □ But only <u>92%</u> of our genome could be decoded
- Reason: Technology not so much developed 2022:
- □ T2T consortium has now decoded the 8% gap
- Telomere-to-Telomere is a global team of scientists led by some US universities

Non-coding DNA

Only 1-2% of human genome codes for proteins
 <u>98-99%</u> of human DNA is non-coding DNA. It does not provide instructions for making proteins.

Normal inheritance Gene drive inheritance Gene drive inheritance

These females lay eggs

that are infertile and

bear no offspring, reducing the insect

population.

where they compete

with wild males to mate

with females.

Altered gene is always inherited

Sterile Insect Technique

A method of biological insect control

The sterile male

insects are released

over towns or cities..

Gene drive

□ It alters the probability that a specific allele will be

□ It is a genetic engineering technique

(An allele is a variant form of a gene)

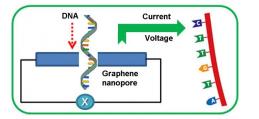
It modifies rules of heredity

transmitted to offspring

Altered gene does not spread

Nanopore Sequencing

- Monitors changes to electric current as DNA/RNA pass through a protein nanopore
- Enables real time, fast, cheap gene sequencing

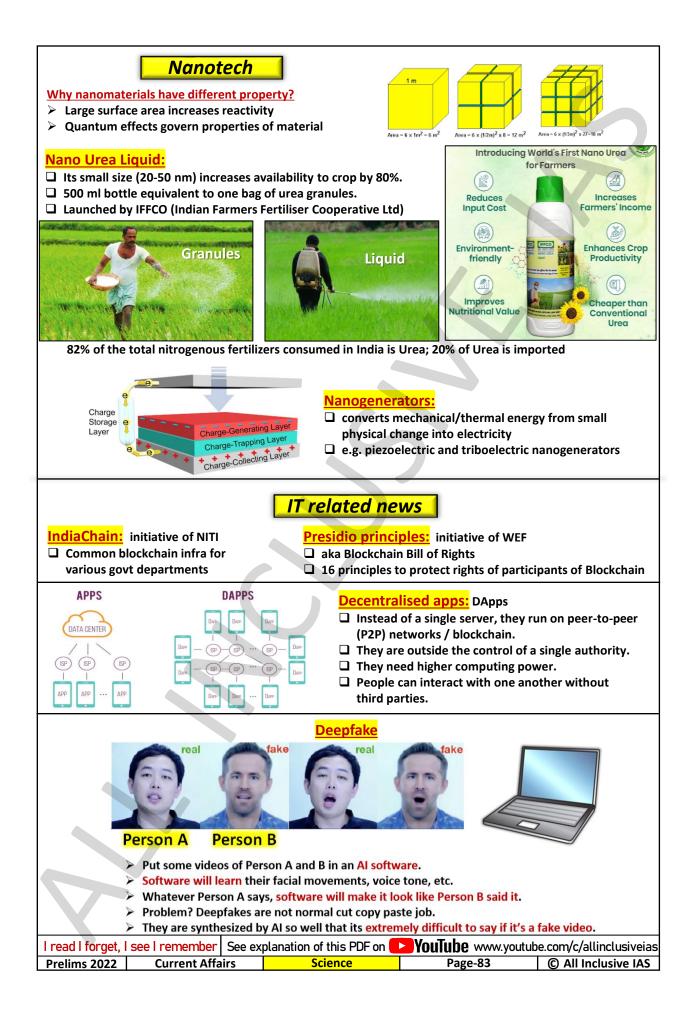


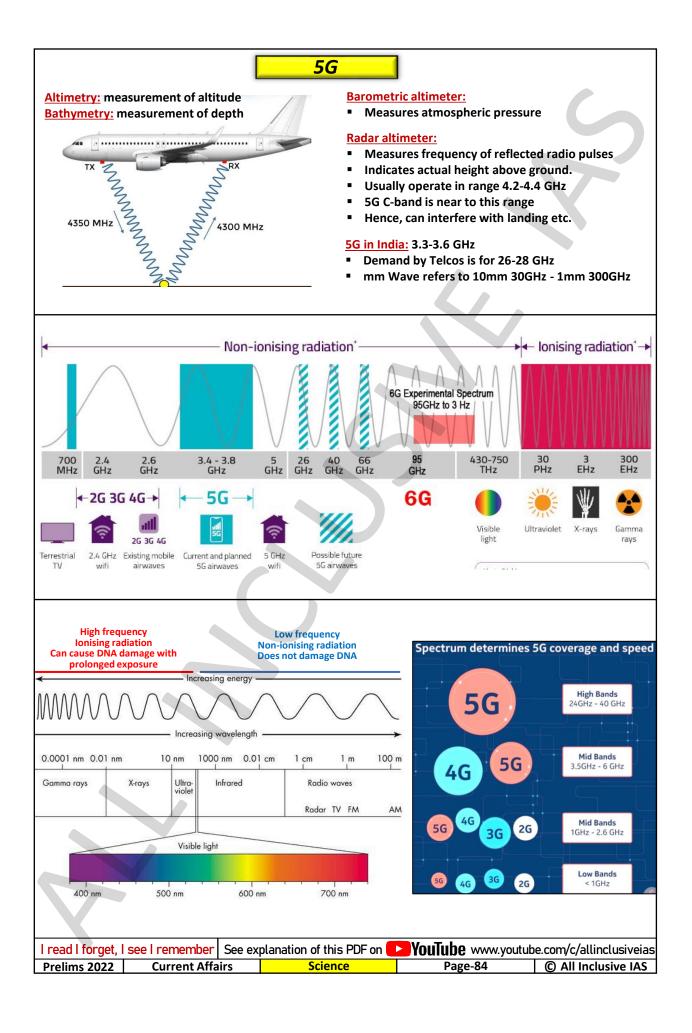
Biological dark matter

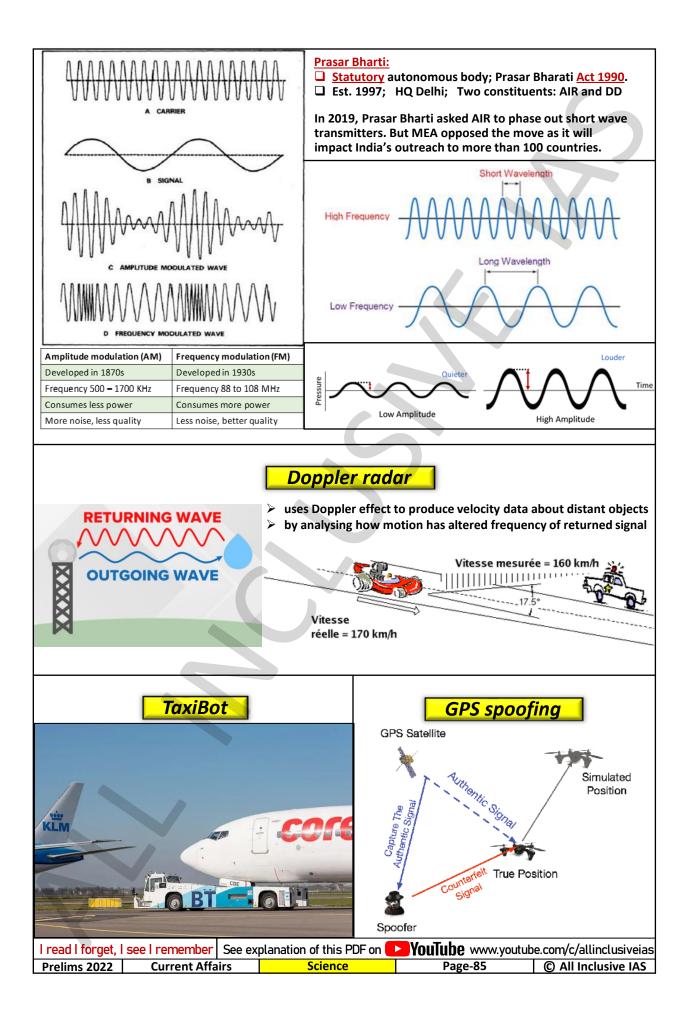
(Novel Open Reading Frames or n-ORFs)

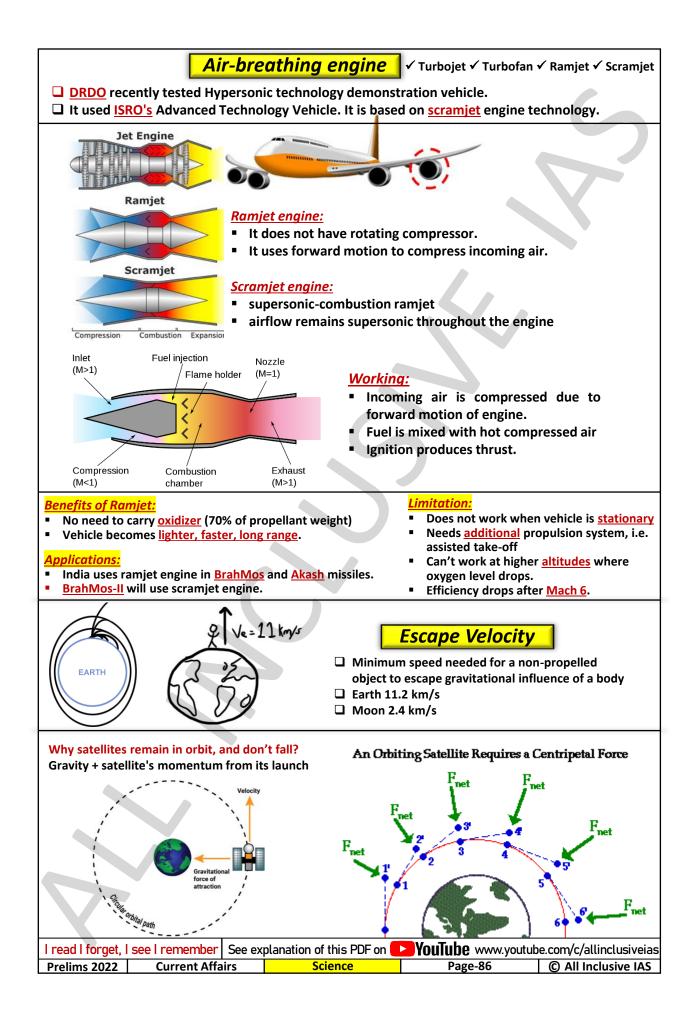
- Unclassified or <u>poorly understood</u> genetic material
- It can help in diagnosing / treating complex diseases
- Dark matter RNA: RNA produced from regions of genome without known function

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Sagittarius A*

- □ Near constellations Sagittarius and Scorpius
- Milky Way's central supermassive <u>Black hole</u> (40 lakh solar masses)
- □ Bright and very compact astronomical radio source at centre of Milky Way

2020 Physics Nobel Prize:

- to Reinhard Genzel and Andrea Ghez
- □ for discovery that Sgr A* is a supermassive Black hole

Tuberculosis

DownToEarth ⊂ 🗉

Union agriculture ministry prohibits use of TB antibiotics on crops

The draft order prohibits import, manufacture or formulation of <u>Streptomycin and Tetracycline</u> for use in agriculture from February 1, 2022; enforces complete ban from Jan 1, 2024

By Deepak Bhati Published: Tuesday 21 December 2021

Bacillus Calmette–Guérin (BCG) vaccine

- Introduced 18 July, <u>1921</u> to combat TB
- It is currently the <u>only</u> licensed vaccine for TB
 It gives <u>moderate protection</u> against severe forms of TB in
 - infants and young children
- □ It is preferably given <u>soon after birth</u>.
- Single dose gives <u>lifetime immunity</u>. Booster doses not recommended by WHO.
- There is <u>no vaccine</u> that is <u>effective</u> in preventing TB disease in adults.
- BCG can also used as vaccine/medicine in some other disease? Yes!
- Some TB vaccines undergoing trials: MTBVAC, IMMUVAC, VPM 1002, Mycobacterium indicus pranii

Covax

COVAX No-Fault Compensation Program

- □ It is for 92 low and middle income countries (Advance Market Commitment economies)
- □ It is world's first and only international vaccine injury compensation mechanism
- **Compensation to those who suffer serious adverse events** from COVAX vaccines
- It gets funds from levy on each dose distributed through COVAX
- □ No fee is charged to apply for compensation under the Program.

Miscellaneous

National Anti-Doping Bill 2021:

National Anti-Doping Agency:

Society under MoYA&S; Implements anti-doping rules

- (Ministry of Youth Affairs and Sports) To make NADA a statutory body
- To make NDTL as principle dope testing lab

National Dope Testing Laboratory: (1990, New Delhi) Lost WADA accreditation in 2019; regained in 2021



Oxidation:

chemical reaction, produce free radicals, may damage cells. <u>Anti-oxidants:</u>

neutralize free radicals by giving up some of their electrons. Some antioxidants:

Beta-carotene; Lutein; Lycopene; Selenium; Vitamin A, C, E Vegetables and fruits are rich sources of antioxidants.

Deficiency	Disease				
Vitamin A	Night blindness				
Vitamin B1	Beriberi (weakness)				
Vitamin C	Scurvy (bleeding gums)				
Vitamin D	Rickets (bones are wea	k & bent)			
Calcium	Weak bones, tooth dec	ау			
Iodine	Goiter (enlarged thyroi	d gland)			
Iron	Anemia (low hemoglob	in, RBCs)			
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Food Fortification

Ministry of Consumer Affairs, Food & Public Distribution

In a first, Centre issues uniform specifications for Fortified Rice Kernels (FRK) for grade A & Common Rice

Posted On: 20 SEP 2021 5:45PM by PIB Delhi

Department of Food and Public Distribution (DFPD) under Ministry of Consumer Afffairs, Food and Public Distribution for the first time issued uniform specifications for Fortified Rice Kernels (FRK) for grade A & Common Rice have in case of procurement of Fortified Rice Stocks, of which 1% of FRK (w/w) should be blended with normal rice stock.

- FSSAI norms: 1 kg fortified rice will contain
- Iron (28 mg-42.5 mg),
- **Folic acid** (75-125 microgram)
- **Vitamin B-12** (0.75-1.25 microgram).
- In addition, rice may also be fortified with

zinc and vitamins A B1 B2 B3 B6

Fortified rice is to be distributed under various schemes like PDS and midday meals by 2024.

Deficiency	Disease
Vitamin A	Night blindness
Vitamin B1	Beriberi (weakness)
Vitamin C	Scurvy (bleeding gums)
Vitamin D	Rickets (bones are weak & bent)
Calcium	Weak bones, tooth decay
Iodine	Goiter (enlarged thyroid gland)
Iron	Anemia (low hemoglobin, RBCs)

Adverse Health Effects

Impaired Cognitive

Function

Weakening of the

Sodium:

WHO has set benchmark in different food categories □ WHO recommends salt intake < 5gm/day for adults Naturally in meat/dairy, most in processed foods

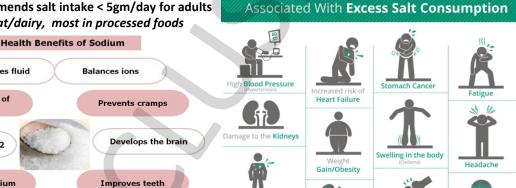
Regulates fluid

Prevents loss of

water

Sufficient sodium

Removes excess CO2



Cardiovascular Diseases





Sodium Sulphur batteries normally work only above 300^oC. But new tech is making them feasible at room temperature. Sodium (Na 11):

- It is a metal.
- L It floats on water (All metals except Lithium, Sodium, Potassium)

Kidney stones

- It can be easily cut with a knife.
- □ It is a good conductor of electricity and heat.
- **U** Even trace amounts of sodium are toxic for humans? No
- □ In fact, sodium is essential element for all animals and some plants.

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